



GRADING DAY RUNNING SHEET

Please note times will change and this is a guide only.

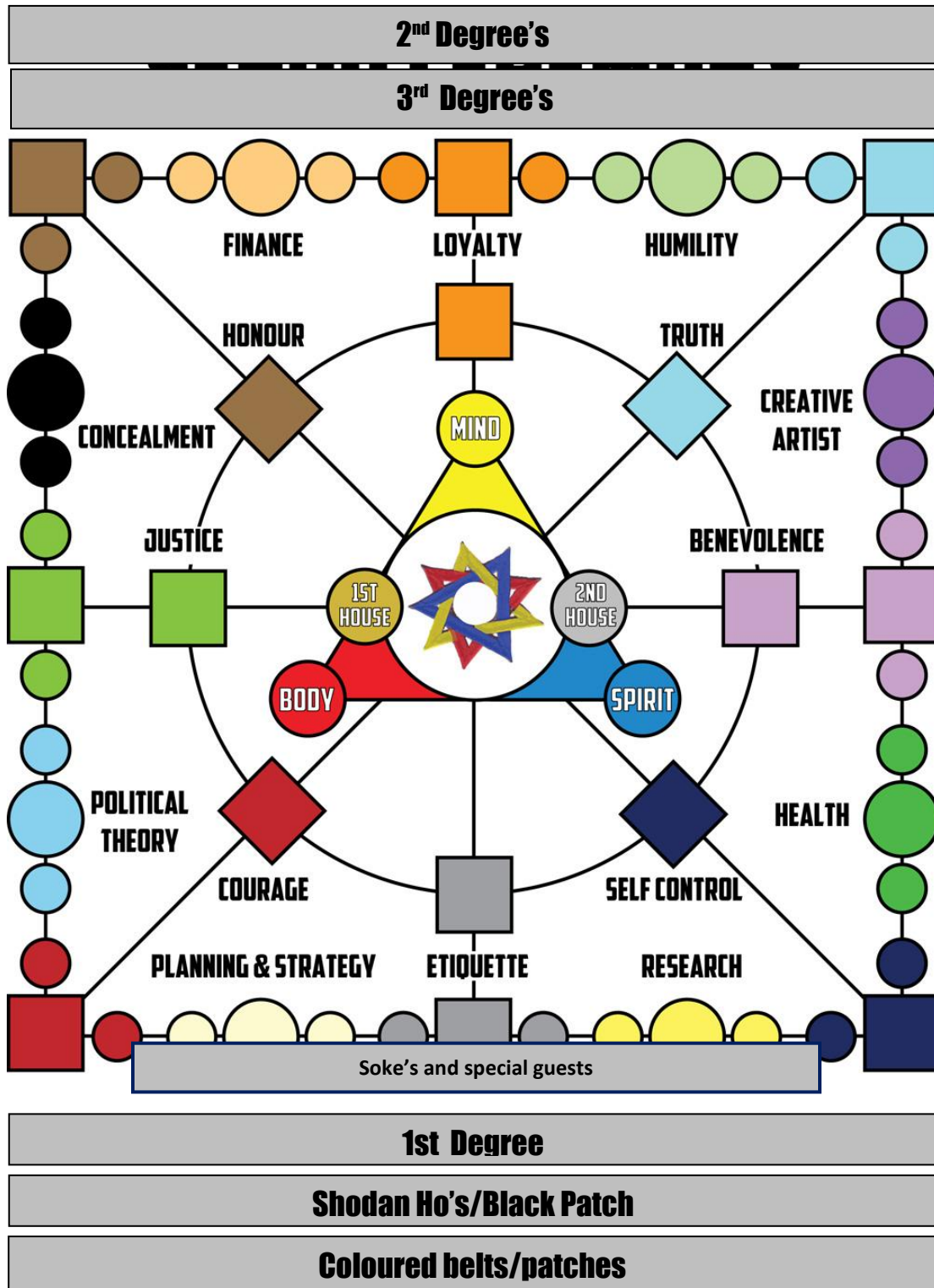
Times could change by as much as an hour.

8.00AM	Set up crew arrives
8.15 AM	DOORS OPEN
ALL DAN RANKS ARE EXPECTED ON THE FLOOR PRIOR TO 8.40am WITHOUT EXCEPTION	
9AM	SENJO CEREMONY (40 mins)
9.50AM	BLACK BELT GRADING (90 mins) – belts not awarded until end of day ceremony
	ZEN DO KAI 2 nd DEGREE GRADING (90 mins)
10.30AM	3 rd Degree speech presentation to 2 or more members of the masters panel.
11.30AM	ZEN DO KAI 1 st DEGREE BLACK BELT GRADING (30 mins) – Oath read at end of day <i>Optional</i> - 2 speeches read out (15 mins)
12:15 PM	20 min break
12:45PM	ZEN DO KAI 3 rd DEGREE GRADING (30 mins)
1.15PM	ZEN DO KAI 4 th DEGREE GRADING (40 mins)
1.55PM	Square Floor Pattern formed
2.05PM	ZEN DO KAI 5 th DEGREE GRADING (30 mins)
2:35PM	PRESENTATION of service certificates, best on floor award and Rob Rode perpetual trophy, Club instructors can present Bushido and Isha crosses and the BLACK BELTS AND READING OF THE SEMPai OATH. (30min)
3.05PM	ZEN DO KAI 8 th Degree Grading (20mins)
3.25PM	ZEN DO KAI 9 th Degree Grading (20mins)
3.45PM	Close of Grading SENJO ceremony – (10min)
4.00PM	10 minutes for photo's
4.15PM	All people who graded to assist in clean up New 4 th degree's in charge
4.45pm	Leave building

08:50AM – LINE UP

SENJO CEREMONY

All ranks to line up in order of rank (highest ranks at the front) in front of the SENJO mat. They will then be told which order to file forward onto the mat.



“SENJO CEREMONY” PROCEDURE

(all ranks from white belt to 10th Dan are included in SENJO)
You must be in uniform (ZDK, Thai, AEK, Krav, EPC, TM)

Coloured belts, Shodan Ho's 1st Dans, 2nd Dans, 3rd Dans to be in position either end of the SENJO mat.

All white Gi's (4th Degree and above) to be assembled in rank order 5 meters off the Benevolence side of the mat.

Special Guests, 9th and 10th Degrees to be seated in front of the mat.

Soke Billy has invited **Soke Joe De Francesco** to represent the position of Shogun in this years SENJO.

Hanshi Marc Toussaint will represent 1st House and **Hanshi Matthew Wickham**, 2nd House.

THE ACKNOWLEDGMENT POSTURES – hold the position until you hear the command “up”.

EVERYONE NOT ON THE SENJO MAT	<u>All acknowledge – from kneeling position – if not possible sit cross legged</u> (<i>hands to floor – back arched –chin up, eyes forward</i>) This is Coloured belts, Shodan Ho's 1st Dans, 2nd Dans, 3rd Dans. In position either end of the SENJO mat.
SQUARE	<u>All acknowledgments – from kneeling position</u> (<i>hands to floor – back arched –chin up, eyes forward</i>) Those selected (order of rank) will enter the mat on the centre line and will move along the square in an anti-clockwise direction. Please fill the space as evenly as possible, ignoring the marked spaces if necessary. (15 people will fill every third space, 32 people will fill all major spots and sit between the smaller circles, 48 people will completely fill the square).
CIRCLE (Representatives of Ishoa)	<u>All acknowledgements – raise up on to left foot with right knee on the floor</u> (<i>hands in open posture and held low</i>) acknowledge with a tilt of the head. - the 8 highest ranks that are able to kneel will enter along the centre line, when they reach the bottom of the circle they will move in an anti-clock wise direction filling each space. The person standing on the center line will move to the left and turn 90 degrees to the right (off the centre line as a gate keeper of the circle).
TRIANGLE	<u>From shoulder stance Step back to a horse stance with right leg-</u> (<i>hands in open posture and held low</i>) acknowledge by a tilt of the head. - The three people forming the triangle will enter along the centre line and take their position. (<i>You will remain in a shoulder stance when “Seated Position” is called</i>).
CENTRE LINE	<u>Stand in Shoulder stance – 1st and 2nd house step back with leg nearest to</u>

	<u>centre (45 degree's to centre still in shoulder stance)-</u> Acknowledge with a tilt of the head. Walk in order = 1st house, Shogun (centre), 2nd house
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Call - script

Matt Mellington (MM)- will take the position of gate keeper and announce –

1. (MM) ***"The SENJO CEREMONY is now open"*** (wait 10 seconds)
2. (MM) ***"The representatives of Bushido the gate is open"*** (Wait for them to be in position)
3. (MM) ***"The representatives of Isha the gate is open"*** (Wait for them to be in position)
4. (MM) ***"The representatives of Kyunin the gate is open"*** (Wait for them to be in position)
5. (MM) Turn and face the Soke's ***"Soke Billy Manne, SENJO is secure, and the centre may enter. We welcome Hanshi Marc Toussaint - 1st House, Soke Joe De Francesco - Shogun, and Hanshi Matthew Wickham – 2nd House"*** (Wait for them to be in position)
6. (MM) ***"Close the gate"*** Gatekeeper and all people on the centre line in gate position will turn and face the centre.
7. (MM) ***"Seated position"*** All Ranks will sit in a kneeling or cross legged position (except triangle)
8. (MM) ***"Soke's SENJO has formed, and the gate is closed"*** (Stay Facing the centre of the SENJO)

THE ACKNOWLEDGMENT "COMMANDS" - script

1. Joe D - ***"Eyes closed for meditation"*** (1 minute) – ***"Open Eyes"***
2. Joe D – ***"BJMA bow"*** hold for 5 seconds ***"UP"***
3. Joe D - ***"Soke Bob Jones"*** hold for 3 seconds ***"UP"***
4. Joe D – ***"Soke Richard Norton"*** – hold for 3 seconds ***"UP"***
5. Joe D – ***"Soke Billy Manne"*** – hold for 3 seconds ***"UP"***
6. 1st House – ***"Soke Joe De Francesco"*** hold for 3 seconds ***"UP"***
7. 2nd House – ***"Hanshi Marc Toussaint"*** hold for 3 seconds ***"UP"***
8. (MM) – ***"Hanshi Matthew Wickham"*** – hold for 3 seconds ***"UP"***
9. (MM) – ***"SENJO Ceremony"*** – hold for 5 seconds ***"UP"***
10. (MM) - ***"We acknowledge the Traditional Custodians of this land, the Bunurong People and pay respect to Elders past and present. We recognise and respect their continuing connections to climate, culture, country and waters. We extend that respect and acknowledgement to all First Nations people present today."***
11. (MM) – ***"Soke Joe De Francesco will deliver his message to SENJO"***
12. Joe D – to give short speech 2 – 5 minutes, should give direction and motivation to all present.
13. (MM) - ***"Thank you Soke. SENJO welcomes Soke Billy Manne, to speak on his expectations of the day. SENJO, please turn and face Soke Billy"***
14. SOKE BILLY – (from outside the square) Makes a short speech.

15. (MM) ***"Thank you Soke Billy. We will now perform the call to victory"***
16. (MM) ***"Horse Stance"***- all people taking part in SENJO – including coloured belts will stand in Horse stance
17. (MM) ***"Soke Joe, please make the call of Chi-re-be ta'ta"***
18. (Soke Joe) ***CHI-RE-BE TA' TA'***
19. EVERYONE responds ***"HURRA, HURRA, HURRA"*** they will reply with all the gusto they can muster (whilst slapping their torso to each chant)
20. (MM) ***CHI-RE-BE TA' TA'***
21. EVERYONE responds ***"HURRA, HURRA, HURRA"*** they will reply with all the gusto they can muster (whilst slapping their torso to each chant)
22. (MM) ***CHI-RE-BE TA' TA'***
23. EVERYONE responds ***"HURRA, HURRA, HURRA"*** they will reply with all the gusto they can muster (whilst slapping their torso to each chant)

Wait 30 seconds

24. (MM)- ***"Open the gates"*** people on the etiquette line will move to the left and turn 90 degrees to their right
25. (MM)- ***"Soke Joe, the gates are open, the centre may leave"*** – the centre will leave via the centre line in same order as they entered.
26. (MM)- ***Representatives of Kyunin, the gates are open, please leave the SENJO mat"*** - The Triangle will leave via the centre line in same order the entered.
27. (MM)- ***"Representatives of Isha, the gates are open, please leave the SENJO mat"*** – The Circle will depart along the centre line in a clockwise direction (last on – first off)
28. (MM) - ***"Representatives of Bushido, the gates are open, please leave the SENJO Mat"***- The Square will depart along the centre line in a clockwise direction (last on – first off)
29. (MM) - Facing the seated representatives ***"Soke's, the Senjo ceremony is closed. All members may leave the floor and prepare for grading"*** – all other ranks will bow and move off.

FULL DAY SCHEDULE ON THE FOLLOWING PAGE

GRADING DAY SCHEDULE – times will change on day

8.20 to 8.40am	Last practice time – and room setup.
8.40am	Everyone in uniform and ready to get started. Matthew Ball will call everyone together to explain SENJO positions, how to line up, bowing etc.
9am	SENJO Ceremony will commence
9.50AM	SHODAN HO (BLACK BELT) GRADING – Shihan Andrew Johnstone NIDAN (2nd DEGREE) GRADING – Shihan Cam Pizzo 3rd and 4th Degrees are required to sit at the graders table. This grading will finish, and certificates will be presented comments to be kept to a minimum. If not enough 3rd and 4th Degrees, then 2nd Degrees will be asked to mark Black Belt grading sheets. The area will be divided into two sections with each grading taking place side by side on the one basketball court. Shihan Andrew Johnstone will give a short introduction to the grading and it's place in the ZDK grading system. Shihan Cam Pizzo will give a short introduction to the grading and it's place in the ZDK grading system. The gradings will begin and run simultaneously. One group may be asked to pause if full

10.30AM – Master Panel	attention is required towards one group. Masters Panel – 2 members or more of the masters panel to sit with students attempting 3rd degree and assess their verbal presentation.
11.20AM	Shihan Andrew Johnstone will make a short speech wrapping up the black belts journey with him this year and asking certificates to be presented. Shihan Cam Pizzo will make a short speech wrapping up the 2 nd Degrees journey with him over the past year and asking for certificates to be presented. Hanshi Sam Cardaci - will address the new black belts giving a brief explanation of expectations of a Black Belt in ZDK. He will then address the new 2 nd Degree “Dai Sempai’s” giving a brief explanation of expectations of their future in ZDK and martial arts. <u>BELTS WILL NOT BE PRESENTED AT THIS TIME</u> – Belts will be presented at the closing ceremony
11.30AM	1st Degree - SHODAN GRADING – Kyoshi Craig Bernotti Kyoshi Craig Bernotti will give a short introduction to the grading and it’s place in the ZDK grading system. 3rd Degrees are required to sit at the graders table. All other students in uniform will be asked to sit around the edge of the grading floor. No formal seating arrangement. Between one and three speeches will be selected and read by students over the PA system. Certificates will be presented with limited comments. Kyoshi Craig Bernotti will make a short speech wrapping up this grading. <i>Sempai oath will be performed at the closing ceremony.</i> Hanshi Nigel Kendall will give address the new Sempai’s on expectations of being a Sempai in ZDK
12:15PM	20 min break (good time for photos)

12:35PM	Everyone back on the floor Jig-saw mats to be moved forward – Kyoshi Peter Smedley to co-ordinate
12.45PM	3RD DEGREE GRADING – KYOSHI Peter Smedley Kyoshi John Rizzo -will give a short introduction to the grading and it’s place in the ZDK grading system. 5th Degrees will be asked to sit at the graders table for the 3 rd dan grading. Assistants will sit 2 meters behind the matted area (off the mats / facing the grading panel). All other students in uniform will be asked to sit around the edge of the grading floor. No formal seating arrangement.

12.55PM	Kyoshi Peter Smedley - will make a short speech wrapping up this grading. Soke Marc Toussaint - will give a brief explanation of expectations of a Sensei in ZDK.
1.15PM 4TH DEGREE GRADING – Kyoshi Ian Gosch Kyoshi Ian Gosch -will give a short introduction to the grading and its place in the ZDK grading system. Grading panel as selected by coordinator will sit at the grading table. Assistants will sit 2 meters behind the matted area (off the mats / facing the grading panel). All other students in uniform will be asked to sit around the edge of the grading floor. No formal seating arrangement. 1.45PM Grading finished, and certificates handed out Kyoshi Ian Gosch - will make a short speech wrapping up this grading and his time with the gradee's. Soke Joe De Francesco - will give a brief explanation of expectations of a 4th Degree/Renshi in ZDK.	
1.55PM 2.00PM	5 min break M.C. – will announce that all students are to move into the Square formation”. Kyoshi Matt Ball – to take control and direct people Coloured belts will sit at front of the square facing inwards, Lowest ranks closest to seats with each rank forming another line moving toward the centre of the room. Black Belts will sit 1 meter in front of the coloured belts 4th Degree's will sit, spaced evenly, along the left-hand side (if viewed from the grading panel) of the square (backs to the stand) on the court base line. 2nd Degree's will sit behind the 4th Degrees 5th Degree's will sit, spaced evenly, along the right hand side (if viewed from the grading panel) of the square (backs to the stand) on the court base line. 3rd Degree's will sit behind the 5th Degrees 7th & 6th Degrees will sit along the top edge of the square 8th Degrees will stand in front of the 7th and 6th degrees
2.05PM 2.30PM	5TH DEGREE GRADING – Kyoshi John Rizzo Kyoshi John Rizzo -will give a short introduction to the grading and it's place in the ZDK grading system. Grading panel as selected by coordinator will sit at the grading table. Assistants will sit 2 meters behind the matted area (off the mats / facing the grading panel). Grading finished, and certificates handed out - Con't next page Kyoshi John Rizzo- will make a short speech wrapping up this grading and his time working with

	this group. He will take them through the flipping of the belt ceremony. Kyoshi Hamish Preston - will give a brief explanation of expectations of a 5th Degree/Shihan ZDK.
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2.35PM	PRESENTATIONS – ALL BJMA STYLES <i>Certificates of time served, crosses and titles. Best on floor, Rob Rode Award.</i> Presentation of promotions to selected students (Ho ranks and other styles) M.C. to announce all promotions and certificates with Soke Billy & Soke Richard presenting the awards
2.50PM	M.C. to request - The new Shodan-Ho's and the Shodan's to sit in the centre of the square with the Shodan-Ho's to the front and Shodan's behind them. Kyoshi Peter Smedley will lead the Presentation of the Black Belt's M.C. to request -The Shodan-Ho's to move back and the Shodan's to come forward
2.55PM	Kyoshi Craig Bernotti will lead the Sempai Oath. EVERYONE ABOVE 1st Degree MUST RECITE THE OATH
3.05pm	M.C. will request Kyoshi Matt Ball makes his way on to the floor and present his 8th Degree demonstration. Soke Billy and Soke Joe will present 8th Degree certificate.
3.25pm	M.C. will request Kyoshi Bill Tsouris makes his way on to the floor and present his 9th Degree demonstration. Soke Billy and Soke Joe and Hanshi Marc will present 8th Degree certificate, Hanshi title and belt.
3.45pm	Close of Grading Ceremony; Soke Billy to stand in the centre of the floor, make a small speech. Soke Billy Manne to call everyone fill the floor and lead them in performing Lull Before the Storm. Anyone unable to join in may stand to the side of the group and join the group upon the forms completion. On completion of the form Soke Billy will ask for the call to victory & chant of CHI-RE-BE TA' TA
4.00PM	10 minutes for photo's
4.15PM	All people who graded to assist in clean up, new 4th dans in charge.
4.45PM	Leave the venue